"The GRADE workshop Get started gave me the opportunity to review the current (initial) status of my dissertation and to think through a fairly precise plan for the next phase of my work. By exchanging ideas with other doctoral candidates and the lecturer in an appreciative manner, I was able to gather new ideas for the organisation of my doctoral period (mentoring programme, etc. ...) and also make some interdisciplinary contacts. In addition, the small group work with the aim of reflection enabled me to recognise some of my own hurdles, which the lecturer then suggested coping mechanisms for. I would recommend this workshop especially for people who are not involved in fixed doctoral programs or do not come from academic households."

> Mia Sulzbach PhD Candidate Law- Goethe University



### **GET PREPARED FOR THE FUTURE** Elementary - R1

# Get Started Identifying Opportunities and Challenges – Setting the Compass

## Objective

Doing a doctorate is a complex and long-term project. If you plan correctly, you will be ready for an expedition on the sometimes winding paths through the world of research. An important prerequisite for a successful doctorate is a systematic approach. In addition to defining personal goals, this includes setting up a good supervisory environment, determining a suitable doctoral topic and an initial conception of the work stages. This way, the classic stumbling blocks won't throw you off track and you can ensure lasting motivation.



### Description

In the workshop, the participants will clarify the central requirements of their doctoral situation and recognize in which areas there is still catching up to do. The focus is on the following points:

- The basics of the start-up phase: Developing constructive objectives
- Doctoral research as a process: Demands and stumbling blocks
- Impetus for the years that follow: The right PhD topic
- Maintaining a relationship: Dealing with your doctoral supervisor
- Contacts in academia: The thesis committee and further supervisors
- My skills profile: What additional qualifications do I need for now and later?
- Get started: My next steps



### Methodology

The workshop will be adapted to the specific knowledge and needs of the participants, which will be determined in advance via an online form. This course is practice-oriented and includes knowledge input as well as active and interactive parts, such as dialogues, individual and group work, role plays, etc.

### **Trainers**



Dr. Gunnar Seemann **GOLIN WISSENSCHAFTS-**MANAGEMENT, Berlin

Dr. Gunnar Seemann did his doctorate in electrical engineering and information technology and then headed a (junior) research group in Karlsruhe and Freiburg for 15 years. Since 2020 he has been employed as a coach and trainer in the Young Investigator Network of the Karlsruhe Institute of Technology. In addition, he works as a freelancer.



Dr. Matthias Köhler GRADE - Goethe Research Academy, Frankfurt

Doctorate in history at Münster University

- Professional experiences in political consulting at the German Council of Sciences and Humanties and science management at Regensburg University
- Since 2017, supporting early career researchers at GRADE



#### 1 Organizational Information

| Language / For | mat English / in Präsenz   |  |
|----------------|--|--|
| Target group   | Doctoral Candidates in the early days of their doctorate from all faculties  |  |
| Date           | Thursday, 25 April 2024, 9:00 – 17:00<br>Friday, 26 April 2024, 9:00 – 16:00 |  |
| Registration   | For registration click here  |  |